



Champions Gymnastics Academy

Adult Work-Out Class Schedule



	Monday	Tuesday	Wednesday	Thursday	Friday		Saturday
6:00pm						8:00am	
6:15pm						8:15am	
6:30pm						8:30am	
6:45pm						8:45am	
7:00pm							
7:15pm							
7:30pm							
7:45pm							
8:00pm							
8:15pm							
8:30pm							
8:45pm							
9:00pm							
9:15pm							
9:30pm							
9:45pm							

Cost/Age Limits

Ages 12 & Up are welcome in any of the above classes.

\$5/per class

-OR-

\$50/12 class pass

